California
Share Chapters

SAN DIEGO, CA
Share San Diego South County
Dr. Nikki Watkins, drrikkiwatkins@mapleleafcounseling.com
Support group information to be determined.

The National Share office hosts three monthly online group chats that are free of charge to our families.

- The online Pregnancy Loss Group (for the loss of baby through miscarriage, still birth or in the first weeks of life) meets the first Tuesday of each month, 7:00pm-9:00pm CST.
- The Pregnancy After Loss Group (for those pregnant after a loss or trying to become pregnant) meets the third Tuesday of each month, 7:00pm-9:00pm CST.
- Share Español Esperanza has an online chat for our Spanish speaking families. These chats are the fourth Tuesday of each month 8:00pm CST.

To connect to the group meeting, go to our website at http://nationalshare.org/online-support/

The Share office also maintains an active presence on Facebook, with three support groups and Share’s National page. The support groups are closed groups to protect privacy and require approval prior to posting within the page. The National Share page is a public page and posts current information regarding events, pertinent articles, chapter updates, and videos from bereaved families.

Share Bereaved Families Peer Support (Closed)
Share Pregnancy After Loss Support (Closed)
Share Español: Esperanza for Spanish Speaking Families (Closed)
Share Pregnancy & Infant Loss Support, Inc. (Public)
For our National Facebook page and to join the closed groups go to https://www.facebook.com/NationalShare/

If you’re interested in starting your own Chapter, please contact Annie Horton - ahorton@nationalshare.org.
PERINATAL BEREAVEMENT RESOURCE
AND SUPPORT GROUP LIST

This list is for use by bereaved families and their caregivers to find local support and is provided by the National Office of Share Pregnancy & Infant Loss Support, Inc., 402 Jackson Street, St. Charles, MO 63301 – www.nationalshare.org

BERKELEY, CA
Bridget’s Cradles - SAND (Support After Neonatal Death)
Alta Bates Medical Center, 303 Telegraph Avenue, Berkeley, CA 94705
510-204-1571 | sandsupport@sutterhealth.org
Group meets twice a month on the 1st and 3rd Wednesday at 7-9pm.

BERKELEY, CA
SAND of the East Bay (Support After Neonatal Death)
Betty Simpson
Alta Bates - Herrick Hospital, 3001 Colby Avenue, Berkeley, CA 94795
510-204-1571 | sandinfo@aol.com

FAIRFIELD, CA
Supporting Parents After A Loss
Michelle Puckett | 707-646-5433
1200 B. Gayle Wilson Blvd, Fairfield, CA 94533
707-646-5433
Group meets the last Wednesday of the month 6-7:30pm.

FRESNO, CA
Angel Babies Program (Fresno, Madera & Merced Counties)
Kathy Cromwell, c/o Hinds Hospice, 2490 W. Shaw, Suite 101, Fresno, CA 93711
559-248-8579 | KCromwell@hindshospice.org
hindshospice.org

FRESNO, CA
Center For Grief and Healing
Candice Wilkins, 2490 W. Shaw Ave., Suite 101, Fresno, CA 93711
559-248-8579 | cwilkens@hindshospice.org

GOLD RIVER, CA
California Sudden Infant Death Syndrome Program
Gwen Edelstein, 11344 Coloma Road, Suite 560, Gold River, CA 95670
800-369-SIDS (7437) in CA only | 916-851-SIDS (7437)
gedelstein@californiasids.com | www.californiasids.com

*For additional information on Share Chapters, including starting your own, please call the National Share Office at 636-947-6164.
LACRESECENTA, CA
Compassionate Friends- Verdugo Hills Chapter
Kathy, P.O. Box 8324, Lacresecenta, CA 91224
818 - 236-3635 | TCFVerdugoHills@gmail.com | www.TCF-Verdugo.org
USC Verdugo Hills Hospital, 1812 Verdugo Blvd., Glendale, California
4th Thursday of each month at 7:30 PM (3rd Thursday November and December)

LADERA RANCH, CA
Healing Hearts Share
Megan Heddelesten, 27762 Antonio Pkwy Ste L1-516, Ladera Ranch, CA 92694
949 - 222-6604 | healingheartsshare@cox.net | www.healingheartsshare.org
Group meets the 1st and 3rd Monday of every month at 7:00pm at Mission Hospital
Women's Wellness Center, 26732 Crown Valley Pkwy, Ste 171-A, MissionViejo, CA
92691

LOMA LINDA, CA
Hopeful Journey Always in My Heart
Loma Linda University Hospital, Loma Linda, CA 92354
Group meets the 2nd Monday of the month 7-8:30pm at Loma Linda Univ. Rehab
Institute, Rm 129A (S. Entrance), 11406 Loma Linda Dr. OR 4th Tuesday 9:30-
11:30am, Mt. View Plaza #16 (S. End), 11265 Mountain View Ave.
909-558-7261 | griefsupport@llu.edu

LONG BEACH, CA
Jasmine Adams | 213-324-6063
1945 Palo Verde Ave, #203, Long Beach, CA 90815
Group meets 2nd Saturday 11am-12:30pm

LONG BEACH, CA
Miller Children’s and Women’s Hospital Long Beach
2801 Atlantic Ave., Long Beach, CA 90806
Group meets on 2nd and 4th Mondays from 7-8:30pm in Conf. Rm. B.
562-933-1454

LONG BEACH, CA
Perinatal Bereavement Support Group
Sharon Yagerlener c/o Long Beach Memorial Medical Center
2801 Atlantic Ave., Long Beach, CA 90801
562 - 933-1454 | syagerlener@memorialcare.org

LOS ANGELES, CA
Lina Kaplan, PsyD, 864 S Robertson Blvd Suite 208
Los Angeles, CA 90035
310 - 277-4305

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please call the National Share Office at 636-947-6164.*
**LOS ANGELOS, CA**
*Compassionate Friends of L.A.*
Westside Jewish Community Center, 5870 W. Olympic Blvd.
Meets 1st Thursday at 8pm.

**LOS ANGELOS, CA**
*Little Angels of White Support Group*
Ingrid Suarez, RN and Dominique Luckey | 562-682-9631
White Memorial Hospital, 2100 Douglas Blvd., Roseville, CA (East L.A.)
Group meets 1st Thursday 6:30-8:30pm in the Cafeteria on the 1st floor.

**LOS ANGELOS, CA**
*Mис Foundation*
Sari Edber (Lead Coordinator) | sari.edber@missfoundation.org
Eugenia Tsao (LA City Facilitator) | Eugenia.tsao@missfoundation.org
1161 W. Olympic Blvd, Rm 375, Los Angeles, CA 90064
Group meets 2nd Wednesday 7-9pm.

**LOS ANGELOS, CA**
*Public Health*
Christina Thiele | 707-849-5347 | christina23thiele@gmail.com
Myia Slaughter | 323-377-5779 | myslaughterPH@gmail.com
Meets on 2nd Wednesday 6-8:30pm. RSVP by 5pm ONE WEEK PRIOR.

**LOS GATOS, CA**
*Helping After Neonatal Death (HAND)*
P.O. Box 341, Los Gatos, CA 95031
800-908-4263 | info@hand.org

**MANTECA, CA**
*First Candle*
John Mack, 198 Northgate Drive, #101, Manteca, CA 95336
209-808-6680 | badrat004@msn.com

**MERCED, CA**
*Hinds Hospice Center For Grief and Healing*
410 W. Main St., Suite A, Merced, CA 95340
209-383-3123

**MISSION VIEJO, CA**
*Empty Arms*
Alex | 949-609-8370 | emptyarms@saddleback.com
Saddleback Church,
Group meets on Sundays

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NEWPORT BEACH, CA
PALS (Pregnancy After Loss)
Laura Novarro-Pickens
Hoag Conference Center
Meets 1st and 3rd Tuesday from 7-8pm.

NORTH RIDGE, CA
RTS-Northridge
Penny White, MSW, c/o Northridge Hospital
18300 Roscoe Blvd., Northridge, CA 91328
818-885-8500

OAKLAND, CA
Beyond Choice, Genetic Support Group
Jeanne Menary PHD or Ann Bourguignon
Oakland, CA 94601
510-845-4656 Jeanne | 510-752-6755 Ann
Group meets on the 1st and 3rd Tuesday of each month 7-9pm.
Kaiser Oakland - call for specific location and room.

ORANGE, CA
Forever Footprints
135 S. Lemon St., Unit B, Orange, CA 92866
714-509-0065 | foreverfootprints.org

ORANGE, CA
Roman Catholic Diocese of Orange
www.rcbo.org/resource/bereavement-grief-support
Lists of churches to call that may have specific support groups.

PASADENA, CA
Caring Connection
Wendy Kohlhase | 818-577-4002
Alfigen/Genetics Institute | 818-666-3300
Pasadena, CA 91105

QUINCY, CA
Child Care Resource and Referral
Anne Neilson | 530-283-4453
586 Jackson Street, Quincy, CA 95971

REDLANDS, CA
Guild for Infant Survival ~ Inland Empire
Redlands, CA
714-973-8417

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**REDLANDS, CA**
*Face 2 Face Friendship Group, Inland Empire*
Redlands, CA 92373
Group meets the 1st Sunday of the month at Martha Green’s in Redlands, CA from 1-2pm. Email for more information: face2faceinlandempire@yahoo.com

**RED WOOD CITY, CA**
*HAND of the Peninsula*
Judi Weidenfeld, P.O. Box 3693, Redwood City, CA 94064
650 - 367-6993 | 650 - 692-6655 | info@handsupport.org

**SACRAMENTO, CA**
*Sharing Parents of Sacramento*
Sutter Rehab. Institute, #6 Medical Plaza Dr., Sacramento, CA 95819
916 - 424-5150 | sharingparents@yahoo.com | www.sharingparents.org

**SACRAMENTO, CA**
*SIDS Support of Sacramento*
Laurie Mamola
Sacramento, CA 95831
916 - 427-6460 | 916 - 505-0349 | l.mamola@att.net

**SAN DIEGO, CA**
*Isabella’s Giraffe Club ~ Giant Hearts*
9920 Scripps Lake Drive, Suite 105
San Diego, CA 92131
Angela Amoroso or Drew Skinner
858 - 449-6554 | 858 - 444-6464 | 858-586-7834
angela@isabellasgiraffeclub.org | drewskinner014@yahoo.com

**SAN DIEGO, CA**
*Empty Cradle*
Brian Melrose | 619 - 595-3887 | www.emptycradle.org

**SAN FRANCISCO, CA**
*Pregnancy after Loss Support Group*
Cherie Golant, LCSW c/o New Born Connections CPMC
3698 California Street, San Francisco, CA 94118
415 - 600-2229 | cpmcnewborn@sutterhealth.org
Group meets the 3rd Wednesday of the month 7-9pm.

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SAN FRANCISCO, CA
HAND of San Francisco
Chris Lehr, LCSW, Davies Campus of California Pacific Medical Center
Castro and Duboce Streets, San Francisco, CA 94114
415 - 282-7330 | www.handsupport.org
Group meets the 1st and 3rd Wednesday of the month 6:30-8:30pm.

SAN FRANCISCO, CA
Life After Loss
Kerstin Spangner c/o Pre Natal Diagnosis Center CPMC
3700 California Street. Room G-330, San Francisco, CA 94118
415 - 600-2628

SAN FRANCISCO, CA
Grupo Amparo
Julie Mitra, 2500 18th St. at Potrero Ave, San Francisco, CA 94110
415 - 764-0211 | www.handsupport.org
Grupo Amparo is a Spanish speaking support group for mothers, fathers, and families who have experienced pregnancy loss or death of their babies neonatally or in the first year of life.
Group meets the 2nd Monday of each month 10am-Noon at San Francisco's Homeless Prenatal Program, 2500 18th Street at Potrero Avenue with free childcare.
Group meets the 4th Monday of each month, 7:00 – 9:00 P.M., at 3555 Cesar Chavez St., Room # 226, 2nd floor, in the Chaplain’s Office. No childcare.

SAN FRANCISCO, CA
Josie’s Place for Bereaved Youth and Families
3288 21st Street, #139, San Francisco, CA 94110
415 - 513-6343 | info@josiesplace.org | www.josiesplace.org
Josie’s Place provides facilitated peer-support groups to children and teens in the San Francisco Bay Area who are grieving the death of a parent, sibling, close relative or friend. Groups meet on the first and third Wednesdays and 2nd and 4th Thursdays

SAN LUIS OBISPO, CA
Hospice of San Luis Obispo County
Kris Kington-Barker c/o Hospice of San Luis Obispo County
1304 Pacific Street, San Luis Obispo, CA 93401
805 - 544-2266 | hospiceslo@hospiceslo.org

SAN MATEO, CA
HAND (Helping After Neonatal Death)
Mills Health Center Palm Room, 100 S San Mateo Drive, San Mateo, CA 94401
Group meets the 2nd Wednesday of each month from 7:30-9:30pm. This group addresses the concerns of bereaved parents who have started or are thinking about starting another pregnancy after a loss.
For information, call (650) 367-6993 or e-mail info@HANDsupport.org

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**SANTA CRUZ, CA**  
*Hand – Of the Peninsula*  
831-438-4513

**Santee, CA**  
*Guild for Infant Survival ~ San Diego County SIDS Alliance Affiliate*  
Santee, CA 92071  
619 - 448-6874 | sandiegosids.org

**Santeé, CA**  
*Empty Cradle*  
619-595-3887 | emptycradle.org  
9880 N. Magnolia Ave., #154, Santee, CA 92071

**Soquel, CA**  
*HAND of Santa Cruz County*  
Kristie Shulman, Congregational Church of Soquel  
4951 Soquel Drive, Soquel, CA 95073  
831 - 438-4513 | info@handsupport.org | www.handsupport.org  
Group meets the 3rd Wednesday of every month 7:30-9:30pm.

**Stanford, CA**  
*Surviving Painful Decisions*  
Stanford, CA 94305  
415 - 723-5198  
Genetic Support Group

**Temecula, CA**  
*A New Normal ~ Child Loss Support Group*  
Rachel Strickland, Rancho Community Church  
31300 Rancho Community Way, Temecula, CA 92592  
714-305-0421 | rstrickland41@gmail.com

**Thousand Oaks, CA**  
*Pregnancy Loss Support Group*  
Beth Haynes, PhD c/o Hospice of the Conejo  
80 E. Hillcrest Dr. Ste. 204, Thousand Oaks, CA 91360  
805 – 495-2145 | hospice@adnetsol.com

**Valley Village, CA**  
*MISS Foundation*  
Sari Edber | sariedber@missfoundation.org  
Adat Ari El Synagogue, 12020 Burbank Blvd., Valley Village, CA 91607  
Wynn Meeting Room

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